

**ZBC Basketball Level Guidelines
2022-2023**



3rd and 4th Grade (\$120)

1. This level is about learning the rules, skills and fundamentals of the game and getting you ready for more competitive play.
2. All players will be placed on a team.
3. Playing time will not be given based on skill, but can be dictated based on attitude and practice participation. In certain cases specific skills may be needed by position more so than others, thus playing time might differ slightly.

Practice and Game Expectations

- HOV League (Nov) Highly Encouraged, counts as 2 tournaments
- ~4 to 5 Tournaments; mid-October to late-January
- Practice twice weekly, 1 hr 15 mins to 1 hr 30 mins

5th and 6th Grade (\$160)

1. This level is about improving on your skills you learned in the past and preparing you to play at a higher competitive level in Middle School.
2. No players will be cut from these grade levels, however playing time will be “equitable” based on the following:
 - a. How the player is working and improving on their skills
 - b. How the player attends and works at practice
 - c. Behavior at practice and games
 - d. Note: Playing time is not going to be equal in some games during this level.
3. State Level teams may be formed at end of year to play additional higher level tournaments. 2 State Tournaments are allowable. Guidelines include:
 - a. Up to 12 players selected
 - b. Players are chosen by coaching staffs and are based on guidelines established above (#2) and also includes skill level.
 - c. State level tournaments should be about winning and playing time does not have to be equitable.

Practice and Game Expectations

- ~6 to 7 Tournaments Total
- Practice 2-3 times per week, 1 hr 30 mins
- 1-2 “State” Team Tournaments

7th and 8th Grade (\$185)

1. This level is about getting you ready to play competitively at the High School level
2. No players will be cut from these grade levels, however playing time is not equal at this level and will be determined by:

- a. Skill
 - b. Practice participation
 - c. Attitude
3. "State" Level teams are recommended to be formed at end of year to play additional higher level tournaments. 2 "State" Tournaments are allowable. Guidelines include:
- a. Up to 12 players selected
 - b. Players are chosen by coaching staffs and are based on guidelines established above (#2)
 - c. State level tournaments should be about winning and playing time does not have to be equitable.

Practice and Game Expectations

- ~7 to 9 Tournaments Total
- Practice 3-4 times per week, 1hr 30 mins
- 1-2 State Team Tournaments

Note: All Tournament numbers are based on one team. Teams with over 12 players will be addressed accordingly.