

# St. Mary Catholic Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 3  MAC & CHEESE PBJ W/ CH STICK CHEF SALAD FLAVORED MUFFIN CALIFORNIA BLEND VEGETABLE BAR ASSORTED FRUIT	Jan - 4  SLOPPY JOE/BUN PBJ W/ CH STICK CHEF SALAD SCOOPY SNACKS DICED CARROTS VEGETABLE BAR ASSORTED FRUIT	Jan - 5  CHEESE PIZZA PBJ W/ CH STICK CHEF SALAD GARLIC BREADSTICK GREEN BEANS VEGETABLE BAR ASSORTED FRUIT	Jan - 6  TERIYAKI CHICKEN W/ RICE PBJ W/ CH STICK CHEF SALAD STIR FRY VEGETABLE DINNER ROLL VEGETABLE BAR ASSORTED FRUIT	Jan - 7  FR TOAST STICKS/SYRUP YOGURT FRUIT PARFAIT CHEF SALAD SAUSAGE PATTY TATER TOTS VEGETABLE BAR ASSORTED FRUIT
Jan - 10  CHICKEN NUGGETS HAM & CH SAND CRISPY CHICKEN SALAD BUTTERED PASTA CORN VEGETABLE BAR ASSORTED FRUIT	Jan - 11  NACHO GRANDE HAM & CH SAND CRISPY CHICKEN SALAD SPANISH RICE VEGETABLE BAR ASSORTED FRUIT	Jan - 12  HOT DOG/ BUN HAM & CH SAND CRISPY CHICKEN SALAD SUN CHIPS BAKED BEANS VEGETABLE BAR ASSORTED FRUIT	Jan - 13  FISH STICKS HAM & CH SAND CRISPY CHICKEN SALAD CHEESY POTATOES GOLDFISH CRACKERS VEGETABLE BAR ASSORTED FRUIT	Jan - 14  EARLY RELEASE
Jan - 17  NO SCHOOL	Jan - 18  TURKEY & CHEESE WRAP PBJ W/ CH STICK CHEF SALAD ANIMAL CRACKERS VEGETABLE BAR ASSORTED FRUIT	Jan - 19  CHICKEN TENDERS PBJ W/ CH STICK CHEF SALAD DINNER ROLL MASHED POTATOES CORN VEGETABLE BAR ASSORTED FRUIT	Jan - 20  SOFT PRETZEL/ CHEESE PBJ W/ CH STICK CHEF SALAD YOGURT CUP MIXED VEGETABLES VEGETABLE BAR ASSORTED FRUIT	Jan - 21  PEPPERONI PIZZA YOGURT FRUIT PARFAIT CHEF SALAD CORNBREAD MUFFIN GREEN BEANS VEGETABLE BAR ASSORTED FRUIT
Jan - 24  MEATBALL SUB TURKEY & CH SAND CRISPY CHICKEN SALAD CALIFORNIA BLEND VEGETABLE BAR ASSORTED FRUIT	Jan - 25  HAMBURGER/ BUN TURKEY & CH SAND CRISPY CHICKEN SALAD SMILE POATOES VEGETABLE BAR ASSORTED FRUIT	Jan - 26  ORANGE CHICKEN W/RICE TURKEY & CH SAND CRISPY CHICKEN SALAD STEAMED BROCCOLI VEGETABLE BAR ASSORTED FRUIT	Jan - 27  MINI CORNDOGS TURKEY & CH SAND CRISPY CHICKEN SALAD RICE PILAF STEAMED BROCCOLI VEGETABLE BAR ASSORTED FRUIT	Jan - 28  CHICKEN PATTY/ BUN YOGURT FRUIT PARFAIT CRISPY CHICKEN SALAD CHEEZ-IT BABY CARROTS VEGETABLE BAR ASSORTED FRUIT
Jan - 31  CHEESE PIZZA PBJ W/ CH STICK CHEF SALAD GARLIC BREADSTICK VEGETABLE BAR ASSORTED FRUIT				

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*