January 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Breakfast 7:30-7:45			**Choose Your Own Cereal, Fruit, & Juice**	**Waffles & Syrup, Fruit, & Juice**	**Choose Your Muffin, String Cheese, Fruit, & Juice**
Lunch First Option			Lasagna Roll Ups & Breadstick	Crispy Chicken Sandwich & Reduced Fat Dorito Chips	Cheese Pizza
Lunch Second Option			Pizza Sauce, Pepperoni, & Cheese Bagel	Pizza Sauce, Pepperoni, & Cheese Bagel	Pizza Sauce, Pepperoni, & Cheese Bagel
Lunch Salad Option			Diced Ham & Mozzerella Salad	Diced Ham & Mozzerella Salad	Diced Ham & Mozzerella Salad
			Fruit and Veggie Assortment	Cooked Carrots, Broccolli,Fruit and Veggie Assortment	Veggie and Fruit assortment

	Monday	Tuesday	Wednesday	Thursday	Friday
	8	9	10	11	12
Breakfast 7:30-7:45	**Choose Your Cereal Bar, Fruit, & Juice**	**Whole Grain Cookie & Creeam Granola Bar, String Cheese, Fruit, & Juice**	**Pancake Wrapped Sausage, Fruit, & Juice**	**Choose Your Whole Grain Pop tart, Yogurt, Fruit, & Juice**	**Choose Your Muffin, String Cheese, Fruit, & Juice**
Lunch First Option	**The Zephynator** Meatball Sub Sandwich	**Picnic In The Cafe!** Cheeseburger	Spaghetti with Meat Sauce	**Brunch For Lunch!** Whole Grain Iced Cinnamon Roll, Sausage Patty, & Tater Tots	**National Popcorn Day!** Sausage Pizza
Lunch Second Option	Chicken Ranch Wrap	Hot Dog	Chicken Ranch Wrap	Chicken Ranch Wrap	Ham, Turkey, And Cheese Sub
Lunch Salad Option	Chicken Nuggets and Side Salad	Chicken Nuggets and Side Salad	Chicken Nuggets and Side Salad	Chicken Nuggets and Side Salad	Chicken Nuggets and Side Salad
	Fruit and Veggie Assortment	Baked Beans, Potato Salad, Veggie Pasta, Cookie, Chips, Fruit and Veggie Assortment	Cooked Carrots, fruit and veggie assortment	Cooked Broccoli, Veggie and Fruit assortment,	Popcorn, Veggie and Fruit assortment

	Monday	Tuesday	Wednesday	Thursday	Friday
	15	16	17	18	19
Breakfast 7:30-7:45	**Whole Grain Chocolate Chip Granola Bar, Yogurt, Fruit, & Juice**	**Whole Grain Cinnamon Roll, Fruit, & Juice**	**Choose Your Own Cereal, Fruit, & Juice**	**Waffles & Syrup, Fruit, & Juice**	**Choose Your Muffin, String Cheese, Fruit, & Juice**
Lunch First Option	Chicken and Waffles with Syrup	Beef and Cheese Nachos	**National Independence of Iceland Hot Dog with choice of toppings**	Homemade Macaroni & Cheese and Chicken Strips	Pepperoni Pizza
Lunch Second Option	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
Lunch Salad Option	Popcorn Chicken & Side Salad	Popcorn Chicken & Side Salad	Popcorn Chicken & Side Salad	Popcorn Chicken & Side Salad	Popcorn Chicken & Side Salad
	Fresh Fruit and Veggies Served Daily	Baked Beans,fruit and veggie assortment	broccoli, fruit and veggie assortment	Fruit and Veggie assortment	Cooked Carrots, Fruit and Veggie Assortment

	Monday	Tuesday	Wednesday	Thursday	Friday
	22	23	24	25	26
Breakfast 7:30-7:45		**Choose Your Muffin, String Cheese/Yogurt Fruit, & Juice**	**Pancake Wrapped Sausage, Fruit, & Juice**	**Choose Your Own Cereal, Fruit, & Juice**	**Double Chocolate Oatmeal Bar, Fruit, & Juice**
Lunch First Option		**Around The World!** *Italian* Chicken Parmesan Sandwich	Big Pretzel & Chicken Strips	**Around The World Australian** Fish & Chips (french fries)	Cheese Pizza
Lunch Second Option		Turey, Ham, & Cheese Sub	Turey, Ham, & Cheese Sub	Turey, Ham, & Cheese Sub	Turey, Ham, & Cheese Sub
Lunch Salad Option		Chef Salad	Chef Salad	Chef Salad	Chef Salad
		Veggie and Fruit Assortment	Cooked Broccoli, Veggie and Fruit Assortment	Baked Beans, Fruit and Veggie Assortment	Cooked Carrots, Fruit and Veggie Assortment

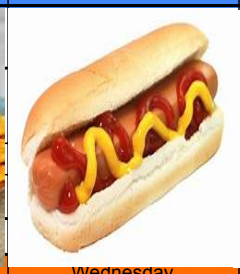
	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
Breakfast 7:30-7:45	**Mini Waffles & Syrup, Fruit, & Juice**	**Cinnamon Roll, Fruit, & Juice**	**Choose Your Own Cereal, Fruit, & Juice**	**Pancakes & Syrup, Fruit, & Juice**	**Choose Your Muffin, String Cheese, Fruit, & Juice**
Lunch First Option	Mini Corn Dogs	Grilled Cheese & Tomato Soup	Bosco Sticks	Boneless Wings & dipping Sauce with French Fries	Pepperoni Pizza
Lunch Second Option	Pizza Sauce, Pepperoni, & Cheese Bagel	Pizza Sauce, Pepperoni, & Cheese Bagel	Pizza Sauce, Pepperoni, & Cheese Bagel	Pizza Sauce, Pepperoni, & Cheese Bagel	Pizza Sauce, Pepperoni, & Cheese Bagel
Lunch Salad Option	Diced Ham & Mozzerella Salad	Diced Ham & Mozzerella Salad	Diced Ham & Mozzerella Salad	Diced Ham & Mozzerella Salad	Diced Ham & Mozzerella Salad
	Fruit and Veggie Assortment	Cooked Carrots, Fruit and Veggie Assortment	Cooked Broccoli, Veggie and Fruit assortment	Garbanzo Beans, Veggie and Fruit assortment	Veggie and Fruit assortment

All meals served with milk

This institution is an equal opportunity provider

This menu is subject to change

February 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Breakfast 7:30-7:45					
Lunch First Option					
Lunch Second Option					
Lunch Salad Option					
	Monday	Tuesday	Wednesday	Thursday	Friday
	8	9	10	11	12
Breakfast 7:30-7:45				 	
Lunch First Option					
Lunch Second Option					
Lunch Salad Option					
	Monday	Tuesday	Wednesday	Thursday	Friday
	15	16	17	18	19
Breakfast 7:30-7:45					
Lunch First Option					
Lunch Second Option					
Lunch Salad Option					
	Monday	Tuesday	Wednesday	Thursday	Friday
	22	23	24	25	26
Breakfast 7:30-7:45					
Lunch First Option					
Lunch Second Option					
Lunch Salad Option					
	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
Breakfast 7:30-7:45					
Lunch First Option					
Lunch Second Option					
Lunch Salad Option					

All meals served with milk

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