JANUARY 23-26, 2024

SMCHS J-TERM OFFERING

Registration Current grade 11: Sunday, May 14 Current grades 8-10: Wednesday, May 17

Lifetime Fitness



Fitness should be fun and last a lifetime! We will help students to explore the many facets of health and fitness that they can use to stay healthy, fit and happy. Activities include strength training, tours of local fitness facilities, event-specific training, nutrition, YMCA, ice skating, urban air, and bowling! Students taking this course will learn so many ways to stay healthy and fit for a lifetime.

Exploring the Wonders of Aquatic Life

This course is designed for both students who are taking an aquatic creature course for the first time and for those who took the Great Lakes and Beyond course last year. Through a combination of field trips, labs, and hands-on activities, we will explore the incredible diversity of aquatic life, from tiny plankton to massive whales, and loads in between. By the end of this course, students will have gained a deep appreciation for the aquatic ecosystem and the incredible creatures that call it home. Join us for an unforgettable journey into the fascinating world of water creatures!

Technical Theatrical Production

Students will receive hands-on experience working on all the different aspects of what goes into a theatrical experience, including lighting, audio, rigging set up, design, and operations. If you have always wondered how to design and construct a set that is functional and appropriate to the space available or to break down a scene, this is for you! Included is a Appleton PAC tour by their stage and facilities director.

Build a Ukulele

Have you ever wanted to build a ukulele or guitar? Here's your chance! Students will learn to prepare and build a ukulele that involves gluing and setting pieces and preparing the sound board and front. Students will have the opportunity to individualize their ukulele. We will also review how to build an acoustic guitar as well. After the masterpiece is complete, students will learn simple chords, notes on the fret board, and be encouraged to write and share songs as well as chord progressions.

Alpine Adventures

Students will have the opportunity to learn about and enjoy two mountain-based activities: climbing and alpine (downhill) skiing. Students will be taught the basics of climbing, including holds, technique, and belaying. The field experience will take us to Odyssey Climbing in Green Bay for a morning of bouldering and belayed climbing. Our alpine ski unit will look at equipment design and maintenance, explore the logistics and economics of the ski industry, and will culminate with a day-long ski trip.

Trekking the Ice Age Trail

Adventurers who choose this experience will learn about the unique geological features found along the Ice Age Trail, a 1,200-mile foot trail that follows along the edge of the Wisconsin glacier's path. There will be brief classroom activities before hitting the trail to experience the geology and beauty firsthand. Possible segments to hike include the Hartman Creek, Kewaskum, Greenbush, and Sturgeon Bay Segments. Tubing down a glacial kame at Sunburst Ski Area may also be a possibility. **Students choosing this adventure should be able to hike challenging terrain and be willing to embrace any weather that Wisconsin provides.**

Disney World Imagination Campus- \$2,100

Imagination and curiosity are powerful problem-solving tools that we will be exploring more through an immersive experience at Disney World's Imagination Campus. By attending a Disney Imagination Campus workshop, our students will get access to an immersive, hands-on learning experience with an iconic Disney Park as their classroom and industry professionals as their instructors. Our group will be attending workshops on Teamwork, Physics, and Theme Park Design. This once-in-a-lifetime learning experience will help them foster creativity, fuel personal growth, and uncover their own unique path to success. Trip includes airfare, hotel stay, tickets, and vouchers for food.

Museums of the Midwest

What do paint brushes, beakers, and the Capitol building all have in common? Museums and tours! Come join us as we trek our way through the Midwest to take in all the wonders that museums have to offer. Museums include short tours and hands on experiences at the Bergstrom Mahler Museum of Glass and The Trout Museum, a tour of the Capitol building and the Wisconsin Veterans Museum, and a day spent in Chicago at the Museum of Science and Industry.

Relaxing with Quick Crafts

If you have ever wanted to learn to do some basics techniques of crafting this is the class for you. We will look at different types of crafts including needlework (cross stitch in several forms), making felt ornaments, some plastic canvas work, and maybe even some diamond dotz projects. Students will learn methods for shortcuts to make everything from ornaments, stockings, tree skirts, and all sorts of wall designs.

London-France Trip \$4,500

Join this 8-day trip to explore London and Paris, two amazing cities, two distinct cultures! A local guide shares many London highlights, including the Houses of Parliament, St. Paul's Cathedral and Big Ben. Then take the Eurostar Chunnel train to Paris. After a guided city tour, we ascend the Eiffel Tower, visit the world-famous Louvre, tour Versailles, and end with a Seine River cruise! The trip includes airfare, hotel stay, tickets, and two meals a day.

Asian Cooking

Are you a foodie looking to expand your culinary horizons? Look no further than our Asian cooking class! With our expert instructors, you'll learn the techniques and ingredients that make Asian cuisine so special. From the complex flavors of Thai curries to the subtle intricacies of sushi rolls, our class covers a wide range of dishes and styles. You'll gain confidence in the kitchen and impress your friends and family with your newfound skills.

College Tours

Learn about public and private college experiences in Wisconsin. Visit college campus, learn about the admission process, financial aid, and more.

Faith Adventures

Visit faith sites around Wisconsin and learn about the history of the locations. Spend time in prayer and service with a faith-focus.

Sports Analytics

Learn about statistics in the sports world. Learn how to take the stats, calculate stats in a spreadsheet and practice taking stats by watching videos of old sporting events. Tour an actual stadium to learn about how a professional or semi-professional team takes stats. Take in a real game where we will take real stats!