

# February 2019

## Elementary

### LUNCH



**School Information:** This institution is an equal opportunity provider.  
Menus subject to change.  
Daily: \$2.70  
Milk: 1% white, skim white, skim chocolate



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

4

Hamburger / Bun  
Fries  
Baked Beans

5

Baked Ziti  
Breadstick  
Steamed Broccoli

6

Pepperoni Pocket  
Tater Tots  
Garden Peas

7

Spaghetti  
Meatballs  
Coined Carrots  
Ice Cream Cup

8

Pizza Dippers  
Marinara  
Steamed Broccoli

11

Pancakes  
Syrup  
Sausage Patty  
Tater Tots

12

Sloppy Joe / Bun  
Fritos  
Coined Carrots

13

Fish Sticks  
Fries  
Green Beans  
Dinner Roll

14

Chicken Nuggets  
Buttered Corn  
Dinner Roll  
Fries

15

Rib Patty / Bun  
Smiles  
Baked Beans

18

Chicken Pot Pie  
Garlic Potatoes  
Ice Cream Cup

19

Popcorn Chicken  
Mashed Potatoes  
Buttered Corn

20

Pizza  
Steamed Broccoli

21

No School

22

No School

25

No School

26

Chicken Patty / Bun  
Tater Tots  
Baked Beans

27

Wild Mike's Cheese Bites  
Marinara  
Steamed Broccoli

28

Lasagna Rollup  
Steamed Broccoli  
Breadstick

