

January 2019

Elementary

LUNCH



School Information: This institution is an equal opportunity provider.
Menus subject to change.
Daily: \$2.70
Milk: 1% white. skim white. skim chocolate



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday

Tuesday

Wednesday

Thursday

Friday



7

No School

1

8

Fish Sticks
Fries
Green Beans
Dinner Roll

2

9

Baked Ziti
Breadstick
Steamed Broccoli

3

10

Rib Patty / Bun
Smiles
Baked Beans

4

Chicken Pot Pie
Garlic Potatoes
Ice Cream Cup

14

Popcorn Chicken
Mashed Potatoes
Buttered Corn

15

Pizza
Steamed Broccoli

16

Hot Dog / Bun
Garden Peas
Tater Tots

17

Walking Tacos
Refried Beans
Rice

11

18

Pizza Bagel
Fries
Baked Beans

21

Chicken Patty / Bun
Tater Tots
Baked Beans

22

Wild Mike's Cheese Bites
Marinara
Steamed Broccoli

23

Lasagna Rollup
Steamed Broccoli f

24

Early Dismissal

25

No School

28

Nacho Grande
Refried Beans
Rice

29

Cheesy Garlic Flatbread
Marinara
Green Beans

30

Cheeseburger Mac + Cheese
Coined Carrots
Slushie

24

Bosco Sticks
Marinara
Garden Peas

25

Personal Pizza
Green Beans

28

French Dip
Fries
Coined Carrots

29

French Toast Sticks
Syrup
Omelet
Tiny Triangles

30

Grilled Cheese
Tomato Soup
Steamed Broccoli

31

