

# May 2018

## High School

### LUNCH



**School Information:** This institution is an equal opportunity provider.  
Menu subject to change.  
Daily: \$2.80  
Milk: 1% white, skim white, skim chocolate



**Fitness Tip:** MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



### Monday

Burger Bar, Breakfast Bar,  
Boneless wings, Rice Bowls

### Tuesday

1 Chicken Patty / Bun  
Tator Tots  
Green Beans

### Wednesday

2 Gilardi Sticks  
Marinara Sauce  
Garden Peas

### Thursday

3 Chicken Nuggets  
Baked Fries  
Buttered Corn

### Friday

4 No School

7 Cheese Raviolis  
Steamed Broccoli

8 Spaghetti / Meatballs  
Carrot Coins  
Ice Cream Cup

9 Nacho Grande  
Refried Beans  
Rice

10 Pizza Dippers  
Marinara  
Buttered Peas

11 Rice Bowl  
Fortune Cookie

14 French Toast Sticks  
Omelet  
Tri Tators

15 Grilled Cheese  
Tomato Soup  
Steamed Broccoli

16 French Dip  
Fritos  
Crinkle Cut Carrots

17 Tacos  
Refried Beans  
Rice

18 Italian Flatbread  
Marinara Sauce  
Garden Peas

21 Walking Tacos  
Salsa Cup  
Refried Beans  
Rice

22 Pizza – Wild Mike's  
Steamed Broccoli

23 Early Dismissal

24 Hot Dog / Bun  
Ketchup  
Baked Beans  
Tator Tots

25 Chicken Patty / Bun  
Tator Tots  
Green Beans

28 No School

29 Tacos  
Salsa Cup  
Refried Beans  
Rice

30 Pulled Pork Sandwich  
Fritos  
Steamed Broccoli

31 Hamburger / Bun  
Baked French Fries  
Ketchup  
Buttered Corn

