## March 2018

## Middle School





School Information: This school is an equal

opportunity provider.
Menu subject to change.

Daily: \$2.80

Milk: 1% White, Skim white, Skim chocolate.



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



	Monday	Tuesday	Wednesday // //	Thursday	Friday
		Salad Bar available daily.	Boneless wings, Breakfast Bar	Tacos Refried Beans	Grilled Cheese Tomato Soup
$\triangle$		Chef Salad, Ham Sand	Rice Bowl, Burger Bar,	Rice	Steamed Broccoli
	TO THE SECOND	Or PBJ available daily.	Boneless Wings		
	Walking Tacos Salsa Cup Refried Beans Rice	Sloppy Joe/Bun Fritos Crinkle Cut Carrots	Popcorn Chicken Ketchup and BBQ Sauce Mashed Potatoes Buttered Corn	Hot Dog / Bun Ketchup Baked Beans Tator Tots	Pizza – Wild Mike's Steamed Broccoli
	Italian Flatbread Marinara Sauce Garden Peas	Chicken Quesadilla Salsa Cup Refried Beans	Pulled Pork Sandwich Fritos Steamed Broccoli	Hamburger / Bun Baked French Fries Ketchup Buttered Corn	No School 16
	Rice Bowl Fortune Cookie	Chicken Enchilada Refried Beans Rice	Chicken Patty / Bun Tator Tots Green Beans	Gilardi Sticks Marinara Sauce Garden Peas	Lasagna Roll Up Steamed Broccoli Bread Stick
	Cheese Raviolis Steamed Broccoli	Chicken Pot Pie Smiles Ice Cream Cup	Nacho Grande Refried Beans Rice	Corn Dog on a Stick Waffle Fries Buttered Corn	No School 30