

January 2018 Elementary

LUNCH



School Information: This institution is an equal opportunity provider.
Menu subject to change.
Daily: \$2.60
Milk: 1 % white, Skim White, Skim Chocolate



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

No School

1

Tuesday

Chicken Quesadilla
Salsa Cup
Refried Beans

2

Wednesday

Pulled Pork Sandwich
Fritos
Steamed Broccoli

3

Thursday

Hamburger / Bun
Baked French Fries
Ketchup
Buttered Corn

4

Friday

Spaghetti / Meatballs
Green Beans
Bread Sticks

5

Lasagna Roll Up
Steamed Broccoli
Bread Stick

8

Chicken Enchilada
Refried Beans
Rice

9

Chicken Patty / Bun
Tator Tots
Green Beans

10

Wild Mike's Bites
Marinara Sauce
Garden Peas

11

Early Dismissal

12

Served Daily: Salad Bar, PBJ

Chef Salad or Ham & cheese

Cheese Raviolis
Steamed Broccoli

15

Chicken Pot Pie
Smiles
Ice Cream Cup

16

Nacho Grande
Refried Beans
Rice

17

Cheeseburger Mac & Cheese
Garden Peas

18

Corn Dog on a Stick
Waffle Fries
Buttered Corn

19

French Dip
Fritos
Crinkle Cut Carrots

22

Personal Pan Pizza
Garden Peas

23

French Toast Sticks
Omelet
Tri Tators

24

Tacos
Refried Beans
Rice

25

Grilled Cheese
Tomato Soup
Steamed Broccoli

26

Walking Tacos
Salsa Cup
Refried Beans
Rice

29

Pizza – Wild Mike's
Steamed Broccoli

30

Popcorn Chicken
Ketchup and BBQ Sauce
Mashed Potatoes
Buttered Corn

31

