

ST. MARY CATHOLIC HIGH SCHOOL N E W S L E T T E R

DATE October 16, 2015

UPCOMING EVENTS

Upcoming Events

10/18/15

World Mission Sunday

10/20/15 @ **7:00 p.m.** SMCHS Open House

SMCS Early Enrollment Begins

10/21/15

Diocesan All-Schools Mass at the Resch

10/28/15 @ **7:57 a.m.** SMCHS Mass & Mentor

10/30/15

SMCS No School

10/31/15

Halloween

11/1/15

All Saints' Day Daylight Savings Ends

11/2/15

All Soul's Day

11/2/15 @ 10:39 a.m. SMCHS Liturgy

11/2/15 @ 6:30 p.m.

SMCHS Math Meet @ Oshkosh North

11/3/15

SMCHS 7th Grade Visit Day

11/4/15

SMCHS Mentor Schedule SMCHS VEX Open House

11/6/15

Eucharistic Adoration

11/6/15 @ 7:00 p.m. SMCHS Musical Performance

Good Manners

Where does *PLEASE*, *THANK YOU*, and *GOOD MANNERS* fit within Catholic education? The best aspect of teaching these things is not about a litany of rules and what you should do. It's a message about our interactions with others. Good manners is about showing kindness and consideration to everyone we meet.

Dr. James Donnelly of Sydney Children's Hospital recommends that parents frequently talk to their children about how things are going in their lives, especially the things that aren't going so well, and how they and their friends reacted. The purpose of talking is to work through what might be the best response to any problems: "The talking fosters moral development in a better way than just teaching children rules. You foster a process of the child working out what is the civil thing to do. You let the child work it out rather than just imposing rules; the more rules you impose, the more rules the adolescent has to rebel against."

In our society we have a great variety of cultural backgrounds and in as much as we value greatly the person we are, so does each other person with whom we come into contact. We need to emphasize the idea that it is good to treat other people the way we would like to be treated.

Aesop once wrote that, "No act of kindness, no matter how small, is ever wasted." Words and actions of kindness and consideration are never the reason for argument or discord but they are the exercise of good manners.

"Lord, we are all made in Your image and likeness. Whenever and wherever we want to see Your face, we will see it. Help our interactions with other people to be based on kindness and consideration. Amen"

SMCHS Math Meet

The SMCHS Math Team placed 4th overall in their division at the Roncalli Math Meet. Sophomore Erik Meier placed first in the Freshmen/Sophomore Division. William O'Brien placed 4th and Cecilia Krautkramer placed 6th in the Junior Division. Congratulations to the entire team on a great meet!

SMCS Open House/Information Night

Tuesday, October 20, 2015 *Tell your friends!*

High School 7:00 p.m.

Faculty, administrators and students will provide information on SMCHS's faith, academics and co-curriculars including robotics, sports and fine arts. Check out our spectacular Jane Bergstrom Fine Arts Education Center, along with our newly opened state-of-the-art middle school. Learn more about our new dual campus and several busing options.

Diocesan Mass

On October 21, 2015, the entire student body and staff will be attending the Bishop's Diocesan Mass at the Resch Center in Green Bay. This is a special Mass where all of the Diocesan schools will gather to pray together. Students will need to be dressed in Liturgy attire and pack a sack lunch.

Freshmen Class Retreat

Our Freshman class will be on retreat **Wednesday**, **October 28th**, **2015**. We will be going to Mt. Tabor Retreat Center for a day of reflection and prayer under the direction of SMCHS Campus Ministry with the help of the *Spiritus* retreat team. Father Dan Schuster from the Diocesan Vocations Office will be

spending part of the day with us as well. If you haven't paid your retreat fee of \$25 yet, please do so. Checks can be made out to SMCS and turned in to the SMCHS Front Office.

Winter Sports Parent Meeting

The Winter Sports Parent Meeting will be held on Wednesday, October 28th at 6:30 p.m. in the gym. Please contact Adam Bates with any questions at <u>abates@smcatholicschools.org</u> or 920-722-7796 ext 801.

Thank You!

Thank you to Kristi Hoheisel for organizing the wonderful meals for the teachers and staff during conferences! Thank you to all of the Freshmen and Sophomore parents who donated to these meals as well. The staff is very thankful and appreciative of having a warm and wonderful meal on these conference evenings.

If you did not receive your dishes back please stop by the office, we have some without names on them.

Tissues!

This cold and allergy season has been a long one this fall. We have run out of our kindly donated Kleenex. If each family donated one box to the school we would be prepared for the flu season that is coming our way! Thank you for your consideration in making a donation!



P.A.R.T.Y. at the PAC

The Sophomore Class will be attending P.A.R.T.Y. at the PAC at November 4th. This stands for (Prevent Alcohol and Risk related Trauma in Youth) and is a half-day reality education program that aims to empower students from area schools to make safe choices by shedding light on the dangers of risk-taking behaviors, their often life-changing outcomes, and the importance of personal responsibility.

In addition, there is a parent program that will feature a special presentation of "Parents are the Key" presented by Winnebago County Health and Sheriff Departments. This is an evidence based program that offers parents proven steps and tools for reducing teen driving injuries and deaths. Tips on speaking with your teen will also be discussed. Parents/Guardians are invited to attend one of the sessions on November 4th or 5th but must provide your own transportation and register in advance at: www.thedacare.org (in the green box, click on Classes, search for P.A.R.T.Y. and sign up for the time of choice).

SMCHS Fall Musical

Tickets are now on sale for LUCKY STIFF, an offbeat, hilarious murder mystery farce complete with mistaken identities, six million bucks in diamonds, and a corpse in a wheelchair!

The show will performed on Friday, November 6 at 7:00 p.m., Saturday, November 7 at 2:00 & 7:00 p.m. and Sunday, November 8 at 2:00 p.m. Reserve your seats online or call the school office at 722-7796!

Yearbook Purchasing

You still have time to buy a yearbook at the lowest price of \$55. Personalization can be done until December 4th. Yearbooks will increase to \$60 after December 4th.

Go to

http://www.jostens.com/apps/store/productBrowse/1116829/Saint-Mary-Catholic-High-School/2016-Yearbook/2015081204240507367/CATALOG_SHOP/ to order today!

Senior Parents, remember you can place your baby ad at Jostens.com for your child as well. DUE: December 23^{rd} .

Thank You! Mrs. Ott

<u>Yearbook Pictures</u>

Attention Parents, the yearbook staff is looking for your help! If you take photos at any SMCHS event please consider sharing them with us! You can share them via Shutterfly, SD cards, or email them to Mrs. Ott at jott@smcatholicschools.org.

<u> Alaska Trip!</u>

There are still several spots left for the Alaska trip June 6-11 and we would love to have you along! If you would like your son/daughter to have the experience of a lifetime in the "last wilderness" that is Alaska, consider signing up for this trip! (you can even come along!) Cost is only \$2600.00 and payments may be spread throughout the year. If interested, send Ms. Hawley an email and ask for a power point that answers your every question and guides you through the sign up process. Deadline is October 30th.

Lunch Account Finger Recognition

Over the next month, food services will be implementing a new system for matching students with their purchases. They system should provide greater accuracy and will involve a finger touch similar to how some of your laptops might identify you when you log on. This will keep students from entering codes / sharing codes, etc. In addition to increased accuracy, we are anticipating that the lines will move faster.

See the letter from Lynn Graves attached.

SMCS Fine Arts and McCurdy Theatre Arts presents:

A Weekend of Improvisation Workshops and Fun! Improv workshops for students in grades 4-12.

Space is limited in all three classes, so do not delay in signing up for this exciting opportunity!

"Baby Wants Candy" Improv Workshop for Grades: 8-12

Taught by members of the Chicago-based Baby Wants Candy Improv TeamSaturday, November 14, 1:00-4:00 p.m. \$50 per student Limit of 20 SMCS students

Space is limited, so register online today!*

New to improv? The Baby Wants Candy workshop will help you strengthen your developing improv ability, training you using different schools of improvisational art. Baby Wants Candy is a Chicagobased improvisation group. In their shows, the audience pick the theme for the evening's show and the troupe completely improvises a 60-minute musical that the actors create on the spot!

After a three-hour workshop, students will have an opportunity to participate in the first act of one of two Baby Wants Candy's 60-minute improv musicals on Saturday, November 14 at 7:00pm or Sunday, November 15 at 5:00p.m.

Ticket information to be part of the audience will be available soon!

McCurdy Theatre Arts Improvisation Workshops

Taught by Kathleen McCurdy in the Black Box Theater

Grades 4-5: Sunday, November 15, 1:00-2:00 p.m., \$15/student; register for grades 4-5 today

Grades 6-7: Sunday, November 15, 2:00-3:30 p.m., \$20/student; register for grades 6-7 today

Limit of 30 students per class

In these workshops, students will play classic warmup techniques and performance theater games to introduce skills for improv comedy and theater. Besides being fun, improv is also a fantastic way to teach creative thinking, public speaking, listening, eye contact, and teamwork.



Jumbo Gumbo

The 11th annual Jumbo Gumbo is right around the corner! It will be a great night of fun, food, and friends. Join the festivities on **Friday**, **November 13 from 6:00 to 11:30 p.m.** at Waverly Beach. "Dance Thru the Decades" to the musical talents of Vic Ferrari and the SMCHS Jazz Band and Show Choir!

Win \$1,000 or Packer vs. Bears tickets, or an awesome tailgate package! Jumbo Gumbo raises funds for all five SMCS campuses. Admission tickets are available at all SMCS campus and parish offices. **Get additional information here!** Pick up your tickets today.

This week, information about Jumbo Gumbo will be sent home with SMCS students. Please note that this year, parents do not need an actual ticket to attend the event. When you pay your admittance fee of \$50 per person (in advance) to the school office, your name(s) will be put on an admittance list that will be kept at the entrance desk at Jumbo Gumbo. No need to keep track of tickets or run back home because you forgot them. Simply pay your fee in advance and show up on Friday, November 13! Community members can purchase tickets at a school or parish office for \$50 per person, and will be available at the door for \$60.

<u>Brewfest 2015</u>

Would you like to sample hand-crafted beers (more than 70 selections!) from eighteen different breweries, as well as wines and Sprecher sodas? And taste delicious appetizers from several area restaurants? All while enjoying live music and perusing exciting basket raffles? Then, Brewfest is the event for you!

Brewfest, St. Gabriel Elementary's only fundraiser, will be held on **Friday, October 23 from 6:30-10:00 p.m.** at the Riverwalk Hotel in downtown Neenah. Tickets are \$35 in advance, \$40 at the door, and only

\$15 for your designated driver. Tickets can be purchased at the school office or Cellars Wine and Spirits in Neenah, or <u>online</u>. Brewfest is open to the public and is an adults-only event. You must be 21 years or older to attend.

Keep Scrolling for additional information

- ~ Guidance Office News
- ~Letter from Food Service
- ~November Hot Lunch Menu

GUIDANCE NEWSLETTER October 16, 2015

School Counselor: Jennifer Whiting, MSE Phone: 920-722-7796 x 156 <u>jwhiting@smcatholicschools.org</u>
Guidance Assistant: Phone: 920-722-7796 x 155 <u>jwhiting@smcatholicschools.org</u>
<u>chall@smcatholicschools.org</u>

Grades 9-12

Sexual Abuse Awareness

REACH Counseling met with all SMCHS students in September to discuss sexual abuse awareness and healthy dating behaviors. In addition, they suggested www.netsmartz.org as a resource for parents. NetSmartz offers free, multimedia Internet safety presentations tailored for specific audiences – parents, tweens, teens, and younger children. REACH also recommended the Life360 Family Locator App as a great way for kids to connect to parents or alert them to danger with a single click. For details visit https://www.life360.com/.

Healthcare Career Experience Events

The Fox Valley Health Care Alliance (FVHCA) is offering three hour, interactive events for students in grades 9-12 to learn about various healthcare careers. Students will rotate in small groups through three different career areas. Fall sessions are available now. Sign up for the sessions is on a first come, first served basis. The direct link to the page is: http://www.fvhca.org/HSCareerExperience.html. Follow the steps in order. A list of available dates and can be found under Step 3 on the Registration Form under "Facility Requested". Please note that each facility is becoming more strict with regard to following the dress code and sending the "Information/Release Form" before the event. Students WILL be turned away for either infraction.

Grade 9

Families will receive an invitation through SignUpGenius in early November to schedule their freshman Conference with Mrs. Whiting. These conferences provide an opportunity to discuss adjustment to high school and answer any questions or concerns. All conferences are held during the school day.

Grade 10

P.A.R.T.Y at the PAC

On Oct. 13th all sophomores received a permission slip to attend the P.A.R.T.Y. at the PAC (Prevent Alcohol and Risk related Trauma in Youth) on Wednesday, Nov. 4th from 11:30am – 2:30pm. Parents who would like to attend must provide their own transportation and may sign-up at: www.thedacare.org (in the green box, click on Classes, search for P.A.R.T.Y. and sign up for the time of your choice). *Please make sure permission slips are returned by Oct. 28th*.

Grade 11

ACT®

Students need to register for the ACT® online at www.act.org; SMC's school code is 501280.

Test Date	Registration Deadline	(Late Fee Required)
December 12, 2015	November 6, 2015	November 7–20, 2015
February 6, 2016*	January 8, 2016	January 9-15, 2016
April 9, 2016	March 4, 2016	March 5-18, 2016
June 11, 2016**	May 6, 2016	May 7-20, 2016

^{*}No test centers are scheduled in New York for the February test date.

ACT® Test Preparation Resources

- ACT® Test Prep Class at Xavier High School. For details go to http://acttestprepxavier.com/ and click on the "See registration form" link.
- Find free help at https://quizlet.com/subject/ACT-test-prep/.
- "Preparing for the ACT®" practice booklets are available free of charge in the Guidance Office.
- Purchase the ACT Online Prep™ program at <u>www.actstudent.org/onlineprep</u>.
- Mrs. Peterson will be holding an ACT® Math Prep Class at SMC near the start of second quarter. Details to follow.

SAT®

Students need to register for the SAT® online at www.sat.collegeboard.org; SMC's school code is 501280. Please visit this website for test dates and deadlines.

Grade 12

Upcoming College Visits

October 19 at 1:30pm Northland College
October 22 at 8:36am Viterbo University
October 23 at 8:36am Ripon College
November 10 at 8:30am Marian University
November 16 @ 8:36am St. Mary's – Winona, MN

College Applications

Seniors are encouraged to complete their college applications by November 1, 2015.

^{**}See Non-Saturday testing for information related to this test date.

Parchment

Parchment is the electronic service SMC has contracted with to transmit senior transcripts to colleges. In some situations, colleges will request students to use another system called SENDedu. SMC students should request transcripts ONLY through Parchment. Please be reassured the colleges will get the information they need through Parchment. SENDedu is merely another provider of the same service.

2015-16 College Preview Dates UW-Fox Valley:

Sessions include a welcome and introduction, an optional campus tour, a panel discussion with current students and professors, and an opportunity for questions and answers. For **Reservations are required for this event.** To register, you must either make an account or log-in. After signing in, use the "Search" button to search for "College Preview" at UW-Fox Valley. Then select the day you wish to attend. If you have any questions please call Student Affairs at (920) 832-2620. Please plan to arrive approximately 30 minutes early for check-in. Click here to register for College Preview.

- Thursday, December 3, 2015; 5-7 p.m.
- Tuesday, March 15, 2016; 5-7 p.m.
- Tuesday, June 21, 2016; 1-3 p.m.

Fox Valley Technical College (FVTC) - Discovery Days

Attend Discovery Days to experience campus life at FVTC. Your visit will include a general college overview, an informative tour of your program area of interest, followed by a panel of current Fox Valley Tech students who will answer your questions about campus life. Find dates and registration information online at www.fvtc.edu/visit. You must resister at least two weeks before the date of your choice.

College Athletes - NCAA Information

Did you know that NCAA has specific requirements for incoming college athletes? Requirements must be met in order for a student to be able to practice, play and receive a scholarship at NCAA Division I or II colleges or universities. For a quick glance at the requirements, you can review this "NCAA Eligibility Center Quick Reference Guide": http://fs.ncaa.org/Docs/eligibility center/Quick Reference Sheet.pdf For further information and resources, you can explore the NCAA website for college-bound student athletes at: http://web1.ncaa.org/ECWR2/NCAA EMS/NCAA.jsp

ACCUPLACER

FVTC administers the ACCUPLACER Skills Assessment, which measures academic skill level in the area of reading comprehension, sentence skills, arithmetic and elementary algebra. FVTC will also accept ACT test scores. For more information contact the ACCUPLACER Assessment Center at 920-993-5139 or assessment@fvtc.edu.

College Checklist

- Completed Senior Information Sheet & resume on file in Guidance
- Technical College Application have you taken your ACCUPLACER?
- College Application(s)

Application and Scholarship deadlines vary. It is your responsibility to check each College/University for their specific timelines.

• Common Application

Secondary School Report Form for Counselor Mid-year Report Form for Counselor Final Report From for Counselor (if applicable)

- Send your official transcript through www.parchment.com
- Official test scores sent to Colleges and Universities
 It is the student's responsibility to request official test scores from ACT/SAT/AP to be sent to your post-secondary schools.
- Make sure that you are using an appropriate email address that you check on a regular basis. It is a good idea to have an email address that is just for your application/transcripts/scholarships, etc.
- If possible get out and visit the schools you are considering. Finding the best fit for you is very important.
- If you have questions, please see Mrs. Whiting.

October 7, 2015

Dear Parent or Guardian of a St. Mary Catholic School Student:

I am pleased to let you know that we will be implementing a new system that will expedite lunchtime lines in our school cafeterias and eliminate issues with students using each other's personal identification numbers (PINs). This new account recognition system uses each student's finger and its image to uniquely identify him or her. The program does not store the students' fingerprints. Rather, it creates a mathematical representation of the finger, which is then transformed by an algorithm to create an authorization code. Students simply place their finger on the reader and indicate their lunch preference, and their lunch choices are recorded to their personal accounts. Each student will have his or her enrollment information updated as part of implementing this improved process.

Benefits to students will include having more time to enjoy their lunches rather than waiting in a long line, and not having to remember a PIN. In addition, it will facilitate more accurate recording of account activity and parents will be able to continue with the current and familiar method of adding funds to each student's account.

The account recognition system will be piloted at St. Gabriel beginning on Monday, October 12. St. Mary Elementary will begin on October 19, St. Margaret Mary on October 26, SMCMS on November 2, and SMCHS on November 16. Each principal will notify his or her school community when their launch date is approaching.

This system has been used successfully for years in the Berlin School District, and is being implemented by other Catholic schools in northeastern Wisconsin. Current users report positive feedback from the schools, students and parents alike.

If you have questions, please contact me at 920-967-0107 or <u>lgraves@smcatholicschools.org</u>.

Sincerely, Lynn Graves Director of Food Service St. Mary Catholic Schools 920-967-0107 lgraves@smcatholicschools.org

LUNCH November 2015 **SMCS High School** Nutrition Tip: Increase veggie intake. Here are some ideas: USDA IS AN EQUAL OPPORTUNITY EMPLOYER Double the vegetables prepared for dinner and use leftovers in future meals AND PROVIDER Stuff leftover asparagus or peas with sliced turkey and cheese into a pita. Menu subject to change. Stock up on frozen and canned vegetables for quick additions to meals. Monday Tuesday Wednesday Thursday Friday Oven Baked Chicken Breast Cheeseburger Mac& Cheese Pizza Pasta Bake Chicken Tenders Fish Sticks or Shrimp Poppers Steamed Green Beans Garlic Toast Mashed Potatoes Rice French Fries Cookie Steamed Broccoli Steamed Corn Steamed Peas Steamed Carrots Fruit & Salad Bar Fruit & Salad Bar Fruit & Salad Bar Fruit & Salad Bar, Dinner Roll Fruit & Salad Bar Ham & Cheese/Bun Pizza Dippers Chicken with a Twist Meatballs in Gravy Turkey & Dressing Supreme Marinara Potato Smiles Mashed Potatoes Steamed Broccoli Steamed Green Beans Steamed Carrots Wisconsin Blend Veggies Steamed Corn Fruit & Salad Bar Fruit & Salad Bar Cinnamon Roll Fruit & Salad Bar Fruit & Salad Bar Fruit & Salad Bar Cheese Pizza Chicken Patty/Bun Teriyaki Rice Bowl Pancake/Syrup Tacos, Cheese, Tortilla, Steamed Green Beans Potato Smiles Stir Fry Vegetable Sausage Patty Meat, Salsa, Lettuce. Fruit & Salad Bar Steamed Carrots Fortune Cookie Tiny Triangles Refried Beans Fruit & Salad Bar Fruit & Salad Bar Fruit & Salad Bar Fruit & Salad Bar HAPPY ALTERNATES Boneless Wings THANKSGIVING No School Grilled Cheese Popcorn Chicken Breakfast Bar Tomato Soup Mashed Potatoes Rice Bowls Crackers Steamed Com, Dinner Roll Baked Potato Bar - "New this month" Fruit & Salad Bar Fruit & Salad Bar Boneless Wings Hot Dog/Bun Sub Bar Available Daily Baked Beans Milk available: 1% white Tater Tots Skim white. Skim chocolate Fruit & Salad Bar