

June 2017

Middle & High School



School Information: This institution is an equal opportunity provider.
Menu subject to change.
Daily: \$2.70
Milk: 1%white,skim white and skim chocolate



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Hamburger or Hot Dog/Bun

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Baby Carrots, Fresh Fruit

Chips

Cookie

Last Day Of School

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Early Dismissal

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Have a great summer.

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Thank you for choosing SMCS Food Service.

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