

August 2017

Elementary

LUNCH



School Information: This institution is an equal opportunity provider.
Menu Subject to change.
Daily: \$2.60
Milk: .40 1% White, Skim White, Skim Chocolate



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Salad Bar Served Daily

1

Must have a serving of fruit or vegetable to make a meal.

Wednesday

2

Thursday

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Friday

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Orientation Day

28

Personal Pan Pizza
Garden Peas
Pears

29

French Toast Sticks
Omelet
Tri Tators
Peaches

30

Tacos
Refried Beans
Rice
Mandarin Oranges

31

